

BRIDGES TO RESILIENCE 2023

THE FOUR BUILDING BLOCKS OF HOPE

May 31, 2023



About Bridges to Resilience

Since 2016, we have worked together to:

- Educate and increase awareness about the widespread impact of Adverse Childhood Experiences (ACEs)
- Introduce hopeful strategies that can build resilience within our communities and systems of care
- Inspire, engage, invigorate and integrate the workforce
- Build trauma-informed and resiliency-focused networks of care
- Improve life outcomes for children, youth and families throughout the Central Coast



Agenda

Welcome

Keynote

- “The Four Building Blocks of HOPE” with Dr. Robert Sege
- Q & A with Dr. Sege

Break

Breakout Sessions

- HOPE in Practice

Closing



Goals for Today

Learn

- Learn about the Four Building Blocks of HOPE and the power of the brain to heal

Understand

- Understand how to implement a strengths-based approach that identifies, celebrates, and promotes access to key Positive Childhood Experiences (PCEs)

Strengthen

- Strengthen our Tri-County networks through shared learning and discussion

**Thank you
to our partners!**



Keynote

The Four Building Blocks of HOPE

- Presentation by Dr. Robert Sege
- Q & A with Dr. Sege



Breakouts: HOPE In Practice

Your Facilitators



Amanda Winn

Director of Training and Technical Assistance at the HOPE National Resource Center
Specializes in the intersection of parenting, gender, and poverty.



Loren McCullough

Training and Technical Assistance Coordinator at the HOPE National Resource Center
Conducts training for facilitators, stakeholders, and the public to aid HOPE implementation.



Ariane Porras

Program Director of Community & Partner Engagement with the Partners in Prevention project
Trains people on primary prevention frameworks, Trauma Informed Care, and culturally responsive practices.

Breakouts: HOPE in Practice

Directions

- **We will have 3 breakout rooms.**
 - If you requested Spanish or Mixteco, you will remain here in the Main Room with Ariane.
 - The rest of the participants will be divided into two breakout rooms with Loren and Amanda.
 - Please give us a moment to get you sorted into rooms.
- **Breakouts will last 60 minutes.**
 - Then we'll gather here in the Main Room for our conclusion.
- **Need help?**
 - If you have questions, please message us in the chat box.

Closing

Thank you for joining us today.

- Survey
- Follow-up email
- Join us for our Lunch & Learn series (3 more webinars!)
- Stay connected!

Future virtual sessions

Lunch & Learn: 11:30 – 12:30 p.m.

Mitigating ACEs for families with children ages 0-5

July 19, 2023

Hosted by the Partnership for Safe Families & Communities of Ventura County

Trauma-informed best practices for family-serving professionals

September 20, 2023

Hosted by the Center for Family Strengthening of San Luis Obispo County

Creating positive experiences for youth

November 15, 2023

Hosted by the KIDS Network of Santa Barbara County

Leadership Team

Natalie Rhodes

- Event Planning Consultant

Terri Allison

- Resilient Santa Barbara County

Barb Finch

- Santa Barbara County KIDS Network

Jackie Flores-Ortega

- Ventura County Parent Voice

Lisa Fraser

- Center for Family Strengthening,
San Luis Obispo County

Jessica Martinez

- Santa Barbara County Dept. of Social Services

Dennis Tivey

- Santa Barbara County Dept. of Social Services

Kathleen Van Antwerp

- Partnership for Safe Families and Communities,
Ventura County

**Thank you
to our partners!**

